

Our Perfect Example

Romans 12:9-15

New
Testament
Reading

*"Do not grow slack in zeal, be fervent in spirit, serve the Lord.
Rejoice in hope, endure in affliction, persevere in prayer.
Contribute to the needs of the holy ones, exercise hospitality."
Romans 12:11-13*

Do you know which lady in history is a perfect holy example for us to follow? She did all the things that Saint Paul talks about in the verses above. Here's a hint: we are celebrating her feast day today. It's Mary, the Mother of God!



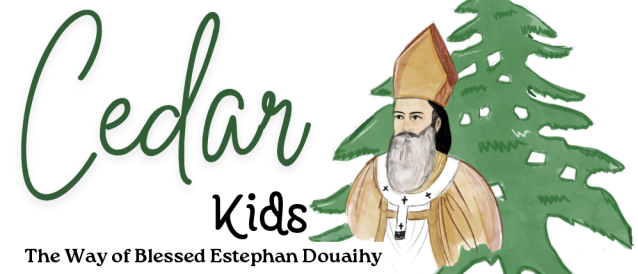
The Lord protected her from the stain of original sin and helped her live a perfect and holy life so that she could be the perfect Mother of God.

Not only is she the Mother of God (though that is amazing), but when Jesus was dying on the cross, He gave Mary to us, to be our Mother. Then later, Mary was taken into Heaven and became Queen of Heaven. From there, she listens to our prayers and offers them to the Lord on our behalf.



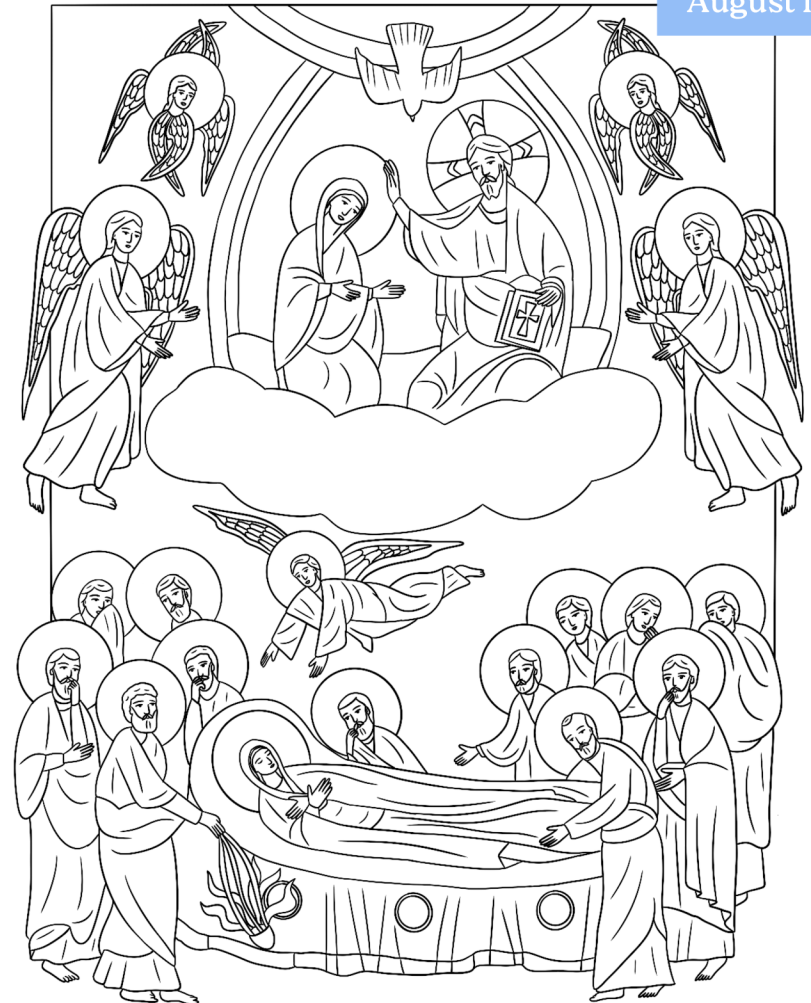
It is good to go to Mary with our requests, and she is so glad to receive them and tell the Lord what we need. She listens to us like a good and perfect Mother and desires to help us through the hard things of life, and wants to celebrate with us when things go well.

*"He made His mother like a channel of mercy and a
spring of life, so that through her, He would pour out
His goodness and blessings on all thirsty souls."
~ Blessed Estephan El Douaihy*



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**May God bless us as we honor you, O Mary,
and upon us may he pour abundant mercy.
Alleluia! We ask for your prayers.**





Gospel Corner

Luke
10:38-42

Have you ever been in trouble for working too much? Probably not! Serving people, especially a guest in your home, is generally thought of as very important work.



In today's Gospel we hear about a time when Jesus went to the home of two sisters - Martha and Mary. While Martha was busy preparing and serving food to Jesus and her guests, Mary sat at his feet in order to hear every word he spoke. Understandably, Martha was frustrated that Mary was not helping her!

But when Martha complained to Jesus and asked him to tell Mary to get up and help her, Jesus did the opposite! Jesus said to her: "There is need of only one thing. Mary has chosen the better part and it will not be taken from her." What is the one thing? And what is the better part?

Jesus is not telling Martha that her work and service are bad. Showing hospitality and serving others is very good! But there is something even better and more important - spending time with Jesus and listening to his words.

Martha feels anxious and worried in doing her work while serving others, and Jesus told her - and tells us - not to worry and stress about such matters. When we feel anxious or worried, it is better to take some time to sit at the feet of Jesus and listen to him. The Blessed Mother Mary gives us the perfect example of how to be quiet and listen, and when we pray to her she helps us to do this in our own lives!



Did you know?



The ROSARY

The Rosary is a string of beads that you follow while reciting a set of meditative prayers, including the Our Father, Hail Mary, and Glory be.

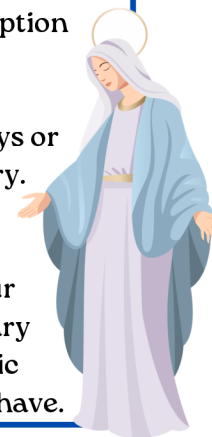
The main goal is to reflect on the life, death, and resurrection of Jesus Christ while using the Virgin Mary as a guide and helper in prayer.

What you can do

Draw a picture of Mary while you meditate on her life and her Assumption to Heaven.

Say a few Hail Marys or even a *whole* Rosary.

Light a candle at a Marian altar at your church and ask Mary to pray for a specific intention that you have.



Mysteries of the Rosary

Write the correct number next to each Mystery of the Rosary to put them in the correct order.

Glorious Mysteries

____ The Coronation of Mary

____ The Resurrection

____ The Ascension

____ The Assumption

____ The Descent of the Holy Spirit

Joyful Mysteries

____ Finding of the boy Jesus

____ The Annunciation

____ The Visitation

____ Presentation in the Temple

____ Nativity of Jesus

Sorrowful Mysteries

____ Scourging at the Pillar

____ Crucifixion

____ Carrying of the Cross

____ Agony in the Garden

____ Crowning of Thorns

Luminous Mysteries

____ Baptism of Jesus

____ Institution of the Eucharist

____ The Transfiguration

____ Wedding at Cana

____ Proclamation of the Kingdom of Heaven